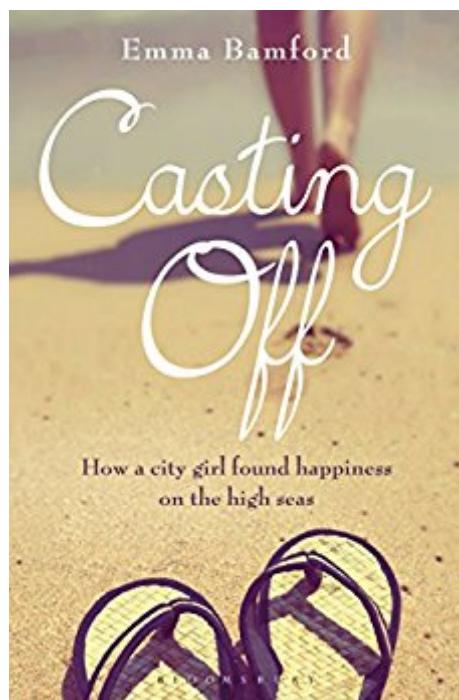


The book was found

# Casting Off: How A City Girl Found Happiness On The High Seas



## **Synopsis**

As a journalist for the Independent, Emma Bamford is swept along with the London rat race, lost amongst the egos of Fleet Street. Surrounded by budget cuts and bullies, the thrill of a breaking news story is no longer enough. And at 31, still struggling to get to a fourth date and surrounded by friends settling down to married life and babies, Emma decides to grasp her life by the roots and reclaim her freedom...by running away to sea and joining a complete stranger (and his cat) on a yacht in Borneo. Reflective yet humorous and self-deprecating, we share Emma's excitement and fear at leaving a good job for an unknown adventure, and join her as she travels to some of the most exotic places in the world and starts to realise what really matters in life. She discovers the supreme awkwardness of sharing a tiny space with total strangers, the unimaginable beauty of paradise islands and secret jungle rivers, glimpses lost tribes, works all hours for demanding superyacht owners, and has a terrifyingly near miss with pirates. Fending off romantic propositions from a Moldovan pig farmer and a Sri Lankan village chief amongst others, Emma finds adventure and happiness in the most unlikely places. From planning each day meticulously to learning to let go and leave things to chance, Emma's story shows that it is possible to break free and find happiness and love on your own terms.

## **Book Information**

File Size: 1096 KB

Print Length: 353 pages

Publisher: Adlard Coles; 1 edition (July 3, 2014)

Publication Date: July 3, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00KX0QLN2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,132,246 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #17

in Books > Travel > Asia > Indonesia > Borneo #202 in Books > Travel > Asia > Indonesia

## Customer Reviews

I have nothing else to say except I lived on a sail boat for 14 yrs it was an adventure.

Well written, interesting account of a pretty adventurous trip. Kept me reading!

Highly recommended

A great read. Follows the story of a city girl on her new adventure across the world's oceans. Inspiring.

Casting Off appealed to me as a city girl who had left the city for a different life, albeit it not on the high seas. This is a great read, as well as a good story with a hint of romance, I loved the fact that the book gives insights into life on a yacht, far flung exotic destinations and that it chimed with my own feelings as a 30-something. I liked the fact that the author avoided cliches when talking about the locations she visited, giving the reader the more interesting reality of these dream destinations not just the idealised view. Ideal holiday reading!

I want her life! This tale of how to totally re-imagine your concept of career and success is both magical and highly believable. So many people want to do it, but few have the courage, or the will. I'm a journalist and a sailor - but I never managed to make the leap and I have so much respect for Emma Bamford, combining her love of writing and the sea in this book. It made me jealous, but I couldn't put it down!

Really Inspirational! Similar to 'Eat, Pray, Love' in topic, but, in my opinion, the way that it is written makes it much more readable. Bamford is very British in her self depreciating humour and this makes her hugely likeable and helps you to live through her journey with her. Excellent read for all those interested in adventure and travel.

[Download to continue reading...](#)

Casting Off: How a City Girl Found Happiness on the High Seas High Fiber Recipes: 101 Quick and Easy High Fiber Recipes for Breakfast, Snacks, Side Dishes, Dinner and Dessert (high fiber

cookbook, high fiber diet, high fiber recipes, high fiber cooking) Complete Casting Handbook: Metal Casting Processes, Techniques and Design Complete Casting Handbook, Second Edition: Metal Casting Processes, Metallurgy, Techniques and Design Bronze Casting Manual: Cast your own small bronze. A complete tutorial taking you step by step through an easily achievable casting project for professional sculptors and hobbyists. Jackpot: High Times, High Seas, And The Sting That Launched The War On Drugs The Mortal Instruments, the Complete Collection(City of Bones/ City of Ashes/ City of Glass/ City of Fallen Angels/ City of Lost Souls/ City of Heavenly Fire) City Scratch-Off Map: London: A Sightseeing Scavenger Hunt (City Scratch-Off Maps) High Blood Pressure Cure: How To Lower Blood Pressure Naturally in 30 Days (Alternative Medicine, Natural Cures, Natural Remedies, High Blood Pressure ... Cures for High Blood Pressure, High BP) Lost & Found: Three by Shaun Tan (Lost and Found Omnibus) The Clever Girl Life: A Teen Girl's Guide to Positive Body Image, Confidence & Life Happiness Last Man Off: A True Story of Disaster and Survival on the Antarctic Seas The Cure for Anything Is Salt Water: How I Threw My Life Overboard and Found Happiness at Sea Cassandra Clare: The Mortal Instruments Series (5 books): City of Bones; City of Ashes; City of Glass; City of Fallen Angels, City of Lost Souls High Seas Missionaries: Caribbean, Guyana & 1991 Pirates: Terror on the High Seas-From the Caribbean to the South China Sea The Everything Pirates Book: A Swashbuckling History of Adventure on the High Seas Cruising Solo: A Guide to Adventure on the High Seas Imagination Station Books 3-Pack: The Redcoats Are Coming! / Captured on the High Seas / Surprise at Yorktown (AIO Imagination Station Books) Pillaging the Empire: Global Piracy on the High Seas, 1500-1750

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)